

**HELPDESK ANSWERS SUBMISSION TO ONLINE FIRST MONTHLY TIME TRACKING REPORT**

**ANNUAL SUMMARY**

<b>2021-22 Academic Year</b>	<b>11.74</b>
<b>2020-21 Academic Year</b>	<b>15.35</b>

**CURRENT AY MONTHLY SUMMARY**

<b>July 2021</b>	<b>13.16</b>
<b>August 2021</b>	<b>11.55</b>
<b>September 2021</b>	<b>11.72</b>
<b>October 2021</b>	<b>11.42</b>
<b>November 2021</b>	<b>9.93</b>
<b>December 2021</b>	<b>10.99</b>
<b>January 2022</b>	<b>12.87</b>
<b>February 2022</b>	<b>11.89</b>
<b>March 2022</b>	<b>11.04</b>
<b>April 2022</b>	<b>11.52</b>
<b>May 2022</b>	<b>11.17</b>
<b>June 2022</b>	<b>10.16</b>

<b>HELP DESK ANSWER QUESTION</b>	<b>Program Name</b>	<b>ONLINE FIRST DISSEMINATION DATE</b>	<b>ORIGINAL EMS SUBMISSION DATE</b>	<b>AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST</b>
Is a shave biopsy inferior to excisional biopsy in the initial diagnosis of suspected melanoma?	TX - U of Texas Health Science Center at Tyler	06/07/22	11/19/21	6.67

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Is the combination of pharmacotherapy and non-pharmacotherapy more effective than non-pharmacotherapy alone at improving sleep onset insomnia?	CA - Valley FMR of Modesto	06/07/22	08/02/21	10.30
Among patients who have had a stroke, are pharmacological interventions effective for preventing depression?	FL - Florida State University COM FMRP at Lee Memorial Health System	06/14/22	04/21/21	13.97
Do hospitals that have implemented the WHO's "Baby Friendly Hospital" initiative achieve increased rates of exclusive breastfeeding at 6 months old?	MO - U of Missouri FP Columbia (Founding)	06/13/22	02/09/22	4.13
In infants with feeding difficulties/latch difficulties, does frenulectomy improve outcomes?	NE - Offutt Air Force Base FMR	06/17/22	01/16/21	17.23
Is elagolix safe and effective in the treatment of endometriosis pain?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	06/17/22	03/11/21	15.43
Does telemedicine/telestroke decrease the mortality rate in patients with strokes?	TX - U of Texas Medical Branch	06/17/22	09/23/21	8.90
Is consumption of artificially sweetened beverages associated with obesity in adults?	WA - U of Washington FMRP (Founding)	06/17/22	03/18/21	15.20
Is there a relationship between socioeconomic status and quality of sleep in children and adolescents?	CO - Sky Ridge FMR	06/17/22	11/07/21	7.40
Does goal-specific urate-lowering therapy improve outcomes vs a symptoms based approach to therapy in patients with tophus gout?	NV - Nellis AFB	06/17/22	07/09/21	11.43

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Do birth plans influence caesarean section rates?	CA - David Grant USAF Medical Center FMR Travis AFB	06/17/22	03/22/21	15.07
Do proton pump inhibitors increase risk of recurrence in patients with frequent Clostridium difficile colitis?	MO - St. Louis University School of Medicine RP	06/17/22	04/03/21	14.67
What is the best treatment for opioid withdrawal in newborn infants?	WA - WWAMI Network Faculty Development Fellowship	06/17/22	01/24/22	4.80
In adult females with symptoms of an uncomplicated urinary tract infection, does treatment via virtual visit improve patient-oriented outcomes compared with standard treatment?	MN - U of Minnesota Department of FM	06/17/22	01/30/22	4.60
Should patients taking novel oral anticoagulants be routinely monitored with coagulation studies?	AL - Cahaba Family Medicine Residency	06/20/22	08/12/21	10.40
Are there effective interventions for decreasing suicidality in a Primary Care setting?	CA - Valley FMR of Modesto	06/20/22	09/16/21	9.23
In obese adults, does a plant-based diet improve weight loss compared to a non-plant-based diet?	IN - Indiana University School of Medicine Program (Arnett)	06/10/22	12/17/21	5.83
In overweight and obese patients, is there an Intermittent Fasting strategy which results in the greatest weight reduction?	GA - Dwight D Eisenhower Army MC FMR (Fort Gordon)	06/10/22	08/25/21	9.63
Can DOACs be safely used in patients with end stage renal disease?	PA - UPMC St Margaret FMRP	06/10/22	12/13/20	18.13
Is intuitive eating an effective approach for eating disorders?	OR - OPTI West Roseburg FMR	06/10/22	09/09/21	9.13

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Is topical green tea extract an effective treatment for acne vulgaris?	IL - SIU Decatur FMR	06/10/22	10/18/21	7.83
What is the most effective dose and route of misoprostol for labor induction?	WA - East Pierce FM (Founding)	06/10/22	01/17/22	4.80
For pregnant women, does increased probiotic intake decrease the incidence of gestational diabetes?	OK - In His Image FMR	06/07/22	09/14/21	8.87
			<b>JUNE 2022</b>	<b>10.16</b>
Does peppermint essential oil relieve headache pain in adults with tension headaches?	TX - U of Texas Medical Branch	5/31/22	9/28/20	20.33
In normotensive adults with diabetes, does adding an ACE- inhibitor reduce cardiovascular events?	MN - U of Minnesota Department of FM	5/31/22	2/5/22	3.83
In non-smoking pregnant people is maternal caffeine consumption associated with fetal growth restriction?	MO - U of Missouri FP Columbia (Founding)	5/31/22	2/17/22	3.43
Does an outpatient follow-up appointment within 14 days of discharge from the hospital reduce readmission rates?	WV - United Hospital Center Program	5/31/22	12/23/20	17.47
Does the direct renin inhibitor aliskiren have any evidence of beneficial patient oriented outcomes?	CA - Valley FMR of Modesto	5/31/22	9/13/21	8.67
In adults with non-specific acute or chronic low back pain, do NSAIDs offer pain reduction over placebo?	OH - Cleveland Clinic Foundation Program	5/31/22	4/20/21	13.53
Is buprenorphine safe for treatment of chronic pain in adults?	WA - FMR at Fort Lewis Madigan Army (Founding)	5/31/22	10/16/21	7.57

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In patients with dementia which pharmaceutical intervention is best at reducing agitated behaviors?	IL - St. Louis University (Southwest Illinois) FMRP	5/30/22	9/17/21	8.50
In nursing home patients which intervention is most effective in decreasing falls?	KS - Via Christi FMRP	5/30/22	10/22/21	7.33
Does fish oil supplementation improve patient-oriented cardiovascular outcomes in adults with hyperlipidemia?	IL - U of Chicago NorthShore FMRP (Founding)	5/17/22	8/8/21	9.40
In adults, does apple cider vinegar consumption increase intentional weight loss?	OH - Cleveland Clinic Foundation Program	5/17/22	10/10/21	7.30
Is massage effective therapy for tension headaches?	WA - U of Washington FMRP (Founding)	5/12/22	2/19/21	14.90
Is medical management noninferior to surgical management in adults with uncomplicated appendicitis?	GA - Dwight D Eisenhower Army MC FMR (Fort Gordon)	5/12/22	6/16/21	11.00
Does alcohol increase the risk of melanoma?	IL - SIU Carbondale FPC	5/12/22	3/22/21	13.87
In adolescents who receive the first dose HPV vaccination between ages 9 and 14, is a two-dose series as effective as a three-dose series?	MO - U of MO-columbia	5/12/22	4/9/21	13.27
Does prophylactic use of Tranexamic Acid (TXA) prevent postpartum hemorrhage in vaginal deliveries?	CO - U of Colorado FMR Denver (Founding)	5/12/22	12/2/21	5.37
Do racial disparities exist in the prescribing of opioid medications for chronic non-cancer pain?	MO - St. Louis University School of Medicine RP	5/11/22	2/27/21	14.60

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Have rates of advanced prostate cancer in African-American men changed since the 2012 USPSTF screening recommendations?	KS - Via Christi FMRP	5/11/22	2/24/21	14.70
Does Elderberry reduce acute viral respiratory symptoms?	NJ - Rutgers RWJMS FMR at RWJUH	5/11/22	3/19/21	13.93
What are the most effective pharmacologic treatments for anxiety disorders in children and adolescents?	TX - Carl Darnall AMC FMRP	5/10/22	11/4/20	18.40
Does asymptomatic cervical adenopathy in children benefit from antibiotic treatment?	MO - U of Missouri FP Columbia (Founding)	5/10/22	10/10/21	7.07
			<b>MAY 2022</b>	<b>11.17</b>
How effective is wrist splinting for lateral epicondylitis?	WI - Fox Valley FMRP - Medical College of Wisconsin	04/05/22	08/19/21	7.63
How effective is bariatric surgery for long term weight loss?	KS - Via Christi FMRP	04/05/22	08/02/21	8.20
In adults with borderline personality disorder what are the most effective forms of psychotherapy?	CO - St. Anthony North FMRP	04/05/22	10/25/21	5.40
Is virtual psychotherapy as effective as face to face psychotherapy for patients with anxiety disorder?	NV - Nellis AFB	04/05/22	08/11/21	7.90
Is topical fluorouracil or combination fluorouracil and cryotherapy more effective than cryotherapy alone for treatment of actinic keratoses?	MN - U of Minnesota Department of FM	04/05/22	07/21/21	8.60
Does adding an alpha-1 blocker to finasteride improve lower urinary tract symptoms in elderly men with benign prostatic hypertrophy?	PA - PSU Hershey Department of Family & Community Medicine	04/06/22	09/28/20	18.50

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Are direct oral anticoagulants safe and effective in patients with atrial fibrillation and BMIs greater or equal to 40?	PA - UPMC St Margaret FMRP	04/06/22	12/12/20	16.00
In geriatric patients with behavioral and psychological symptoms of dementia (BPSD), is valproic acid more effective than placebo or no treatment in improving symptoms of BPSD?	PA - UPMC St Margaret FMRP	04/06/22	12/16/20	15.87
In hypertensive children with microalbuminuria, are ACEs/ARBs a beneficial therapy?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	04/06/22	03/25/21	12.57
Does vitamin D supplementation reduce the risk of stress fractures in athletes?	NC - Womack FMR Clinic	04/13/22	04/26/21	11.73
In pregnant women, does long-chain polyunsaturated fatty acid (LCPUFA) supplementation reduce the risk of preterm or early preterm birth?	MO - U of Missouri FP Columbia (Founding)	04/13/22	05/10/21	11.27
Does vitamin D supplementation improve symptoms in patients with atopic dermatitis?	NJ - Rutgers RWJMS FMR at RWJUH	04/13/22	03/19/21	13.00
What is the most effective pharmacotherapy treatment for cannabis use disorder?	WA - U of Washington FMRP (Founding)	04/13/22	01/30/21	14.60
How effective is counseling for perinatal depression?	WA - FM Spokane (Founding)	04/13/22	03/03/21	13.53
Are cannabinoids effective for treatment of non-cancer musculoskeletal pain?	MI - Beaumont Hospital Troy FMRP	04/13/22	03/12/21	13.23
How does electronic medical record (EMR) implementation impact provider efficiency?	WV - United Hospital Center Program	04/13/22	03/05/21	13.47

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In patients with atrial fibrillation requiring oral anticoagulation who undergo cardiac stenting, what key outcome differences are noted with triple anti-thrombotic therapy compared to dual-anti-thrombotic therapy?	OK - In His Image FMR	04/13/22	02/27/21	13.67
What is the best treatment for children with attention deficit hyperactivity disorder?	WA - FMR at Fort Lewis Madigan Army (Founding)	04/15/22	04/26/21	11.80
Does a history of acute kidney injury (AKI) increase the risk of developing AKI in the future during strenuous activity?	NV - Nellis AFB	04/18/22	06/11/21	10.37
Do Omega-3 fatty acids slow memory loss in patients with cognitive impairment or dementia?	MN - U of Minnesota Department of FM	04/18/22	01/28/21	14.83
In adults with depression, does couples therapy	OR - OPTI West Roseburg FMR	04/19/22	07/07/21	9.53
Is there an increased risk of cancer in adult patients taking ARB medications compared to adults who take ACEi medications or placebo?	ID - FMR of Idaho (Founding)	04/19/22	02/25/21	13.93
Does gabapentin decrease alcohol use in patients with alcohol use disorder?	IL - St. Louis University (Southwest Illinois) FMRP	04/19/22	01/08/21	15.53
For healthy full term neonates, does bed sharing vs no bed sharing decrease the incidence of SIDS?	OK - In His Image FMR	04/22/22	09/19/21	7.17
Are there effective nonsurgical treatments of bunions?	KS - Via Christi FMRP	04/02/22	08/24/21	7.37
What are the long term effects of melatonin on mood and behavior in dementia patients?	AK - Alaska FMR (Founding)	04/28/22	08/09/21	8.73



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Are GLP-1 agonists effective for weight loss in obese non-diabetic pediatric patients?	IL - U of Chicago NorthShore FMRP (Founding)	04/28/22	06/09/21	10.77
Is thrombocytopenia a predictor for severe alcohol withdrawal in patients being admitted for alcohol detoxification?	OK - In His Image FMR	04/28/22	09/16/21	7.47
			<b>APRIL 2022</b>	<b>11.52</b>
What interventions delay functional decline in people with dementia?	WA - U of Washington FMRP (Founding)	3/23/22	4/24/21	11.10
Is treatment of Hepatitis C by non-specialists as effective as treatment by specialists?	OR - OPTI West Roseburg FMR	3/23/22	7/7/21	8.63
Is buprenorphine an effective analgesic for treatment of chronic pain in adults?	NJ - Rutgers RWJMS FMR at RWJUH	3/23/22	3/19/21	12.30
What is the optimal Mean Arterial Pressure (MAP) goal in the treatment of septic shock to improve patient oriented outcomes?	IL - U of Chicago NorthShore FMRP (Founding)	3/29/22	8/1/21	8.00
Do ultrasound guided myofascial trigger point injections lead to better outcomes and fewer complications when compared to trigger point injections without ultrasound guidance?	PA - Geisinger Health System Program-Lewistown	3/29/22	4/3/21	12.00
Does metformin cause weight loss in children and adolescents without diabetes mellitus?	NY - Phelps-Northwell FM Residency Program	3/29/22	3/5/21	12.97
Does cognitive behavioral therapy reduce the recurrence of depression?	WI - Fox Valley FMRP - Medical College of Wisconsin	3/29/22	3/26/21	12.27
			<b>MARCH 2022</b>	<b>11.04</b>

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Do parent training programs reduce crying time in infants with and without colic?	WA - Tacoma FM (Founding)	02/03/22	02/01/21	12.23
Does parental education on screen time recommendations lead to reduced screen time in pediatric patients?	IL - U of Chicago (Founding)	02/03/22	07/16/21	6.73
Does a course of cognitive behavioral therapy reduce the recurrence of depression in patients on antidepressants?	PA - Lehigh Valley Hospital FMR	02/03/22	01/25/21	12.47
Does circumcision decrease rates of HPV infection in males?	FL - Florida State University COM FMRP at Lee Memorial Health System	02/03/22	04/10/21	9.97
Is screening for vitamin D deficiency indicated in asymptomatic adults living at high latitudes?	IL - SIU Carbondale FPC	02/03/22	03/06/21	11.13
Does sunscreen effectively reduce the risk of skin cancer?	NV - Nellis AFB	02/03/22	05/14/21	8.83
Does prenatal exercise decrease the incidence of gestational hypertension?	OH - Cleveland Clinic Foundation Program	02/03/22	05/12/21	8.90
Are PCSK9 inhibitors alternatives for the treatment of hyperlipidemia in high risk patients who are statin intolerant?	TX - Carl Darnall AMC FMRP	02/03/22	02/17/21	11.70
Among adults who are overweight or obese, is fluoxetine effective in decreasing weight?	FL - Florida State University COM FMRP at Lee Memorial Health System	02/03/22	03/25/21	10.50
What methods increase the completion of advance directives before hospitalization?	MN - U of Minnesota Department of FM	02/03/22	01/29/21	12.33
Does routine administration of prophylactic antibiotics to newborns delivered through meconium stained fluid improve neonatal outcomes?	ID - FMR of Idaho (Founding)	02/03/22	02/03/21	12.17

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Does surgery improve outcomes with chronic tennis elbow?	MN - U of Minnesota Department of FM	02/03/22	01/29/21	12.33
Is spironolactone an effective acne treatment in adult women with acne?	NJ - Rutgers RWJMS FMR at RWJUH	02/03/22	03/22/21	10.60
Is ginkgo biloba supplementation effective at improving cognitive function and memory in patients with dementia?	TX - U of Texas Health Science Center at Tyler	02/03/22	10/21/20	15.67
In pregnant women with inherited thrombophilias, does prophylactic anticoagulation with low molecular weight heparin improve the chance of live birth?	WA - Tacoma FM (Founding)	02/03/22	01/31/21	12.27
Is a low serum 25-hydroxy vitamin D level (25OH-D) associated with worse disease severity in patients with rheumatoid arthritis?	NC - Moses H. Cone Memorial Hospital FPR (Founding)	02/03/22	10/31/20	15.33
Is chamomile effective to treat cyclic menstrual pain?	NJ - Rutgers RWJMS FMR at RWJUH	02/08/22	03/19/21	10.87
Does PSA screening decrease overall mortality in men over 45 years of age?	PA - UPMC St Margaret FMRP	02/08/22	12/14/20	14.03
Is hydrotherapy an effective treatment for fibromyalgia?	TX - Carl Darnall AMC FMRP	02/08/22	12/05/20	14.33
Does the use of albumin in adults with septic shock in the intensive care unit decrease mortality?	CA - Valley FMR of Modesto	02/08/22	11/05/20	15.33
		<b>FEBRUARY 2022</b>		<b>11.89</b>
What is the validity of nasal MRSA swab-screening in predicting culture-positive MRSA?	CA - Valley FMR of Modesto	1/10/22	9/13/20	16.13

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Is optimism associated with increased quality of life, life-expectancy, and fewer hospitalizations in adults?	OK - In His Image FMR	1/10/22	9/21/20	15.87
In euthyroid women of childbearing age with thyroid peroxidase antibodies, does levothyroxine treatment increase live birth rates compared with placebo?	CA - Valley FMR of Modesto	1/10/22	10/10/20	15.23
Are antivirals safe and effective in reducing the duration or severity of symptoms in herpes zoster infection?	PA - UPMC St Margaret FMRP	1/10/22	12/9/20	13.23
Are corticosteroid injections better than conservative treatment in patients with trigger finger?	MN - U of Minnesota Department of FM	1/10/22	12/15/20	13.03
In women with chronic anticoagulation, are the DOACs better than warfarin in decreasing the incidence of anticoagulation-associated heavy menstrual bleeding (HMB)?	PA - UPMC St Margaret FMRP	1/10/22	12/17/20	12.97
Is cannabidiol (CBD) an effective treatment for insomnia in adults?	MI - Beaumont	1/10/22	1/1/21	12.47
Is cervical cancer screening with high-risk human papillomavirus (HPV) testing superior (or at least as accurate) at detecting CIN3+ compared to screening with cytology?	WA - WWAMI Network Faculty Development Fellowship	1/10/22	1/18/21	11.90

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Do energy drinks increase blood pressure in adults without the diagnosis of hypertension?	IL - St. Louis University (Southwest Illinois) FMRP	1/10/22	2/9/21	11.17
Is melatonin safe to take long-term?	WI - U of Wisconsin - Wausau FMR (Founding)	1/10/22	6/30/21	6.47
Does increased screen time contribute to adverse dietary choices in children?	OK - In His Image FMR	1/3/22	9/14/20	15.87
Does early initiation of progestin-only contraception after delivery influence breastmilk production and duration of breastfeeding?	TX - Texas Tech Family Practice at Lubbock	1/3/22	10/18/20	14.73
When placing internal jugular central venous catheters in adults and children, does the use of ultrasound guidance decrease placement related complications compared to placement using only anatomical landmarks?	WA - Tacoma FM (Founding)	1/3/22	1/30/21	11.27
Does providing autonomy for older adults through shared decision making improve quality of life?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	1/3/22	3/12/21	9.90
			<b>JANUARY 2022</b>	<b>12.87</b>
Does a daily mouthwash with green tea effectively prevent the development of dental caries versus chlorhexidine mouthwash?	TX - Carl Darnall AMC FMRP	12/31/21	11/20/20	13.53
Does marijuana use in adolescence increase the risk of developing psychotic disorder as an adult?	NC - U of North Carolina FPRP (Founding)	12/31/21	02/17/21	10.57

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Is there a role for anticoagulation following ACL reconstruction to prevent VTE?	WI - U of Wisconsin - Madison FMR (Founding)	12/31/21	03/25/21	9.37
Do individuals with MSK soft tissue injuries who undergo PRP injection have better outcomes and improved recovery rates compared to placebo, dry needling, PT and whole blood therapies?	UT - Utah Valley FMR	12/31/21	05/04/21	8.03
In women who experience intimate partner violence what is the effectiveness of cognitive behavioral therapy on depression and anxiety symptoms?	WA - Tacoma	12/24/21	01/05/21	11.77
Is prophylactic anticoagulation effective in preventing venous thromboembolic events in outpatients with cancer receiving active chemotherapy?	WA - Tacoma FM (Founding)	12/24/21	01/29/21	10.97
Do uric acid lowering agents decrease cardiovascular events?	CA - Valley FMR of Modesto	12/22/21	09/28/20	15.00
In geriatric patients, is mirtazapine safe and effective for the treatment of insomnia?	TX - U of Texas Health Science Center at Tyler	12/22/21	10/16/20	14.40
Among patients with Parkinson's Disease, are GLP-1 receptor agonists effective in improving motor symptoms compared with usual care?	PA - UPMC St Margaret FMRP	12/22/21	12/14/20	12.43
Does the ketogenic diet decrease frequency of seizures in drug resistant epilepsy?	OH - Cleveland Clinic Foundation Program	12/22/21	12/20/20	12.23

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Are patients older than 50 years of age who received a shingles vaccine, at lower risk of developing postherpetic neuralgia compared to those who did not receive shingles vaccine?	PA - UPMC St Margaret FMRP	12/22/21	01/09/21	11.57
What are the effective non-pharmacologic strategies to prevent high altitude pulmonary edema?	NC - Camp Lejeune FMR	12/22/21	02/11/21	10.47
Which SSRI is most effective for migraine prevention?	WV - United Hospital Center Program	12/22/21	02/17/21	10.27
What is the incidence of behavioral adverse events in adult patients who are treated with Levetiracetam?	WA - Providence St. Peter Hospital FMRP (Founding)	12/22/21	02/19/21	10.20
Do prescription doses of ibuprofen (600 or 800 mg per dose) provide greater analgesic effect for acute pain than over-the-counter doses (200 or 400 mg per dose)?	ID - FMR of Idaho (Founding)	12/22/21	02/26/21	9.97
What is the role of adding antibiotics to surgical incision and drainage for treatment of uncomplicated skin abscesses?	WA - FM Spokane (Founding)	12/22/21	03/03/21	9.80
What is the diagnostic accuracy of ultrasound versus x-ray for closed metatarsal fractures?	KS - Via Christi FMRP	12/22/21	06/16/21	6.30
			<b>DECEMBER 2021</b>	<b>10.99</b>
Is metoclopramide effective and safe to treat acute migraines in pregnant patients?	PA - Lehigh Valley Hospital FMR	11/22/21	1/28/21	9.93
			<b>NOVEMBER 2021</b>	<b>9.93</b>

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Is acupuncture effective for the treatment of hypertension in adult patients?	NY - Phelps-Northwell FM Residency Program	10/25/21	02/16/21	8.37
Do peer support lactation interventions increase adherence to breastfeeding in African American women?	WA - Tacoma FM (Founding)	10/25/21	01/29/21	8.97
In adults with type 2 diabetes mellitus, does the addition of a health coach to the primary care team improve outcomes compared to usual care without a health coach?	TX - Texas Tech Family Practice at Lubbock	10/25/21	10/18/20	12.40
Does pet ownership in adults reduce the risk of cardiovascular disease?	CA - Emanate Health Program	10/25/21	12/14/20	10.50
Are antibiotics effective in treating children with chronic productive cough?	KS - Via Christi FMRP	10/25/21	10/19/20	12.37
What are the health risks and benefits in adults adhering to a vegan versus lacto-vegetarian diet?	CA - Valley FMR of Modesto	10/25/21	07/26/20	15.20
In premenopausal women with abnormal uterine bleeding, do combination oral contraceptives improve symptom control or decrease bleeding more than progesterone monotherapy?	KS - Via Christi FMRP	10/25/21	11/05/20	11.80
In adults above the age of 30, can intake of daily oral collagen peptide supplements decrease wrinkles?	IL - SIU Carbondale FPC	10/25/21	06/12/20	16.67
Do coffee drinkers have a lower risk of cancer?	TX - John Peter Smith FMR Program	10/25/21	10/17/20	12.43



HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does torsemide improve dyspnea and increase diuresis more than furosemide in patients with acute heart failure with reduced ejection fraction (HRrEF)?	FL - U of Central Florida Ocala	10/25/21	12/17/20	10.40
Do alpha-blockers reduce pain in adults with symptomatic nephrolithiasis?	TX - U of Texas Health Science Center at Tyler	10/25/21	10/13/20	12.57
In adults with opioid use disorder, does sustained-release naltrexone prevent relapse more effectively than oral naltrexone or no treatment?	MN - U of Minnesota Department of FM	10/05/21	01/21/21	8.57
Are the effectiveness of gabapentin and pregabalin comparable in symptom relief in adult patients with post-herpetic neuralgia?	TX - John Peter Smith FMR Program	10/05/21	10/25/20	11.50
Does asymptomatic bacteriuria treatment in pregnant women improve pregnancy outcomes?	WA - Tacoma FM (Founding)	10/05/21	01/29/21	8.30
Is mindfulness based stress reduction effective at managing chronic pain?	NC - U of North Carolina FPRP (Founding)	10/05/21	10/26/20	11.47
What factors are associated with spontaneous resolution of hepatitis C?	TX - John Peter Smith FMR Program	10/05/21	10/08/20	12.07
Is Korean red ginseng an effective treatment for diabetes in adult patients?	NY - Phelps-Northwell FM Residency Program	10/05/21	02/24/21	7.43
Is a 20-minute fetal heart rate monitoring strip upon admission to labor and delivery predictive for fetal outcomes?	CA - Valley FMR of Modesto	10/05/21	07/25/20	14.57
		<b>OCTOBER 2021</b>		<b>11.42</b>
Do direct oral anticoagulants (DOACs) effectively prevent venous thromboembolism in patients with active malignancy?	TX - Carl Darnall AMC FMRP	9/30/21	10/23/20	11.40

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In pregnant women with abnormal 1 hour glucose tolerance tests but negative confirmatory testing, does dietary counseling and glucose monitoring versus usual care reduce adverse maternal/fetal outcome?	OK - In His Image FMR	9/15/21	10/2/20	11.60
Are 5-HT1 receptor agonists ("triptans") more effective than ibuprofen in the treatment of migraine in children and adolescents?	FL - Florida State University COM FMRP at Lee Memorial Health System	9/15/21	5/7/20	16.53
Do progesterone-only contraceptive methods increase venous thromboembolic risk compared to non-hormonal methods?	WA - East Pierce FM (Founding)	9/15/21	8/13/20	13.27
Does probiotic supplementation improve athletic performance in adult athletes?	NC - Moses H. Cone Memorial Hospital FPR (Founding)	9/15/21	8/19/20	13.07
Is light therapy effective in improving quality/quantity of sleep in patients with both dementia and sleep disturbance?	WA - Tacoma FM (Founding)	9/15/21	1/21/21	7.90
Is domperidone, when used as a pharmacologic galactagogue, effective at increasing milk supply in breastfeeding mothers?	TX - Texas Tech Family Practice at Lubbock	9/15/21	10/26/20	10.80
Do antiepileptics reduce symptoms of diabetic neuropathy more than tricyclic antidepressants?	CA - David Grant USAF Medical Center FMR Travis AFB	9/15/21	11/17/20	10.07
In men with BPH, is procedural intervention superior to combination medical therapy for reduction of symptoms?	TX - U of Texas Health Science Center at Tyler	9/15/21	10/26/20	10.80

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In adults with de Quervain's tendinopathy, do glucocorticoid injections improve symptoms more than placebo?	KS - Via Christi FMRP	9/15/21	10/15/20	11.17
Does ibuprofen exposure impede fracture healing in children?	MN - U of Minnesota Department of FM	9/15/21	11/11/20	10.27
Does chronic use of H2 blockers in adults cause loss of bone density?	LA - Tulane University DFCM	9/15/21	10/26/20	10.80
Do probiotics prevent otitis media in children who are prone to recurrent infections?	MO - U of Missouri FP Columbia (Founding)	9/15/21	2/22/21	6.83
Does a concussion in adolescents increase the likelihood of developing insomnia?	TX - John Peter Smith FMR Program	9/6/21	10/15/20	10.87
Are antipsychotics effective in treating acute delirium?	CO - Sky Ridge FMR	9/1/21	11/24/20	9.37
What are the risks and benefits to breastfeeding infants when mothers are on medication assisted therapy with methadone or buprenorphine?	CO - Sky Ridge FMR	9/1/21	11/22/20	9.43
Is tinnitus retraining therapy more effective than standard of care treatment for tinnitus?	MI - St. Joseph Mercy Livingston	9/1/21	9/28/20	11.27
Is pre-exposure prophylaxis (PrEP) effective and feasible for preventing HIV transmission in adolescent males?	ON - Trillium Health Care	9/1/21	4/6/20	17.10
Does prenatal pelvic floor muscle training help to prevent stress urinary incontinence in late pregnancy, postpartum, and interpregnancy period?	OK - In His Image FMR	9/1/21	9/28/20	11.27

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does melatonin prevent procedure related anxiety in adults and children?	CO - Sky Ridge FMR	9/1/21	12/11/20	8.80
Are antipsychotics effective in treating acute delirium?	CO - Sky Ridge FMR	9/1/21	11/24/20	9.37
In patients with acute mania, which anti-manic medication regimen is the most effective treatment?	MN - U of Minnesota Department of FM	9/1/21	5/26/20	15.43
Does dexamethasone prevent symptoms of altitude sickness in adults traveling to high altitude regions?	IL - SIU Carbondale FPC	9/1/21	4/16/20	16.77
Are custom orthotics more effective than prefabricated orthotics for the treatment of plantar fasciitis?	WI - U of Wisconsin - Madison FMR (Founding)	9/1/21	8/17/20	12.67
Do calcium channel blockers affect male fertility factors?	TX - U of Texas Medical Branch	9/1/21	10/1/20	11.17
Does omega 3 supplementation improve dry eye symptoms?	LA - Tulane University DFCM	9/1/21	6/21/20	14.57
Which treatments are effective at achieving weight loss among overweight or obese reproductive age women with PCOS?	WA - East Pierce FM (Founding)	9/1/21	8/15/20	12.73
Does the consumption of a high flavonoid diet improve cognitive function in adults?	WA - FMR at Fort Lewis Madigan Army (Founding)	9/1/21	10/9/20	10.90
Can a negative procalcitonin be used to stop antibiotics in patients admitted to the hospital with moderate to severe COPD exacerbation but no signs of pneumonia?	WA - FMR at Fort Lewis Madigan Army (Founding)	9/1/21	8/5/20	13.07
Does OMT work for suck dysfunction and breastfeeding issues in newborns?	MI - St. Joseph Mercy Livingston	9/1/21	8/16/20	12.70

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does CoQ 10 enzyme improve symptoms in patients with heart failure?	WA - FMR at Fort Lewis Madigan Army (Founding)	9/1/21	11/27/20	9.27
Is sleep duration associated with symptom improvement in athletes with sports related concussion?	NJ - Rutgers RWJMS FMR at RWJUH	9/1/21	7/14/20	13.80
<b>SEPTEMBER 2021</b>				<b>11.72</b>
Does face-to-face parental counseling and patient education increase vaccination rates in children and adolescents?	FL - Florida State University COM FMRP at Lee Memorial Health System	08/15/21	05/18/20	15.13
Is metformin effective for treating infertility associated with polycystic ovary syndrome (PCOS)?	WA - WWAMI Network Faculty Development Fellowship	08/15/21	01/18/21	6.97
Does vaccinating children with the varicella vaccine increase the incidence of shingles in the adult population?	TX - Texas Tech Family Practice at Lubbock	08/15/21	06/26/20	13.83
What are the most effective measures to manage diabetic foot ulcers?	MN - U of Minnesota Department of FM	08/15/21	02/23/20	17.97
In children with ADHD, does use of stimulant medications increase risk of sudden cardiac death?	MN - U of Minnesota Department of FM	08/15/21	01/31/20	18.73
What are the most effective oral medications for ovulation induction in women with PCOS?	GA - Martin Army FMRP, Fort Benning	08/15/21	05/07/20	15.50
What is the risk of hypoglycemia in infants born to mothers on beta blocker therapy?	NC - U of North Carolina FPRP (Founding)	08/15/21	07/09/20	13.40
Does nicotine replacement therapy in pregnancy improve smoking cessation rates and maternal and neonatal outcomes?	WA - Tacoma FM (Founding)	08/15/21	02/20/20	18.07

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Is the levonorgestrel intrauterine device effective in decreasing menorrhagia due to uterine fibroids?	NE - Offutt Air Force Base FMR	08/15/21	11/28/20	8.67
Does early physical therapy result in cost savings for patients with acute low back pain?	MI - St. Joseph Mercy Livingston	08/15/21	08/17/20	12.10
Is cognitive-behavioral therapy more effective than other psychotherapies in patients with schizophrenia?	WA - U of Washington FMRP (Founding)	08/15/21	02/16/20	18.20
Is a plant-based diet safe for pediatric population?	OK - In His Image FMR	08/17/21	10/01/20	10.67
			<b>AUGUST 2021</b>	<b>11.55</b>
How does food insecurity and maternal depression impact childhood behavior?	NY - Phelps-Northwell FM Residency Program	7/30/21	9/4/20	10.97
Do serial electrocardiograms improve the evaluation of acute coronary syndrome?	WI - U of Wisconsin - Madison FMR (Founding)	7/30/21	6/22/20	13.43
Does implicit racial bias training for healthcare providers increase awareness of racial bias in medicine?	WA - Kaiser Permanente Washington FMR (Founding)	7/30/21	8/13/20	11.70
Does outpatient monitoring of opioid dependent patients following release from an in-patient rehabilitation help prevent relapses/overdoses?	MO - St. Louis University School of Medicine RP	7/30/21	4/20/20	15.53
What are the positive effects of resistance training in frail elderly patients with dementia?	CO - Sky Ridge FMR	7/26/21	4/2/20	16.00
Is vaginal Vitamin E effective in reducing the symptoms of genitourinary syndrome of menopause?	TX - U of Texas Medical Branch	7/26/21	9/23/20	10.20

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In communities that offer a needle exchange program, does intravenous drug use increase?	IL - McGaw Medical Center of Northwestern University Program	7/26/21	8/15/20	11.50
In pediatric patients, what role does palatal petechiae have in the diagnosis of group A streptococcal pharyngitis?	MN - U of Minnesota Department of FM	7/26/21	7/12/20	12.63
Is buprenorphine as effective as morphine in treating patients with acute pain?	NJ - Rutgers RWJMS FMR at RWJUH	7/26/21	8/11/20	11.63
Is calcium supplementation effective for prevention of hypertension in an otherwise healthy pregnancy?	OK - In His Image FMR	7/26/21	9/17/20	10.40
What are effective mass treatment strategies for prevention of S. mansoni infections?	NY - Phelps-Northwell FM Residency Program	7/26/21	2/23/20	17.30
Does cranberry extract taken daily by mouth prevent recurrent urinary tract infections in adult women?	AR - U of Arkansas for Medical Sciences Northwest FMR	7/16/21	12/23/19	19.03
Does rifaximin decrease small intestinal bacterial overgrowth in patients with irritable bowel syndrome?	AR - U of Arkansas for Medical Sciences Northwest FMR	7/16/21	1/16/20	18.23
In pregnant nulliparous women age 35 and older, does induction of labor at full term (39wks) or later reduce early neonatal mortality and stillbirth compared to expectant management?	WA - Kaiser Permanente Washington FMR (Founding)	7/16/21	8/15/20	11.17
Does the use of external ankle bracing reduce performance in athletes?	WA - U of Washington FMRP (Founding)	7/7/21	2/22/20	16.70
Does the risk of ACE-1-induced angioedema differ between Black and non-Black patients?	PA - PSU State College Department of Family & Community Medicine	7/7/21	10/20/20	8.67

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does advanced care planning increase the use of palliative care?	WA - Northwest Washington FMR (Founding)	7/7/21	8/7/20	11.13
In patients with dementia which pharmaceutical intervention is best at reducing agitated behaviors?	MN - U of Minnesota Department of FM	7/7/21	7/8/20	12.13
In hospitalized patients without history of venous thromboembolism, does prophylactic low molecular weight heparin reduce incidence of VTE more effectively than mechanoprophylaxis?	OK - In His Image FMR	7/5/21	8/22/20	10.57
In adults with vitamin B12 deficiency who do not have known risk factors is oral vitamin B12 as effective as intramuscular vitamin B12 for normalizing serum vitamin B12 levels?	GA - Dwight D Eisenhower Army MC FMR (Fort Gordon)	7/5/21	9/21/20	9.57
In adult patients with onychomycosis, does continuous therapy with oral terbinafine result in increased rates of cure compared to pulsed therapy?	OK - In His Image FMR	7/5/21	8/18/20	10.70
Among people with anxiety, which is the effective duration of SSRI therapy to prevent relapse?	WA - East Pierce FM (Founding)	7/5/21	8/13/20	10.87
How effective is imaging for abdominal pain?	NY - Phelps-Northwell FM Residency Program	7/5/21	2/14/20	16.90
Does fish oil supplementation improve cognition in adults?	IL - St. Louis University (Southwest Illinois) FMRP	7/5/21	12/15/19	18.93
			<b>JULY 2021</b>	<b>13.16</b>



HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In patients with type II diabetes, is a vegan diet associated with better glycemic control compared with a conventional diabetes diet?	AL - Cahaba Family Medicine Residency	06/15/21	04/25/20	13.87
Is tea consumption associated with a decreased risk of cardiovascular disease?	IL - U of Chicago NorthShore FMRP (Founding)	06/15/21	07/19/20	11.03
What is the best treatment of methamphetamine use disorder?	WA - FMR at Fort Lewis Madigan Army (Founding)	06/15/21	01/21/20	17.03
Is simple reaction time a good sideline test for diagnosing concussions?	MI - Beaumont Hospital Troy	06/15/21	03/25/20	14.90
Do antacids before cesarean delivery reduce the risk of aspiration pneumonitis?	WA - Tacoma FM (Founding)	06/15/21	01/31/20	16.70
Should women with a history of HPV infection be administered an HPV vaccine?	MO - St. Louis University School of Medicine RP	06/15/21	08/16/20	10.10
Does a three-dose oral vitamin K regimen at birth, one week old of age, and one month old of age prevent late-onset bleeding from vitamin K deficiency?	MN - U of Minnesota Department of FM	06/15/21	02/02/20	16.63
For medication management of early pregnancy loss, what are the advantages of misoprostol with mifepristone compared with misoprostol alone?	NC - Mountain AHEC Asheville FPRP (Founding)	06/15/21	04/21/20	14.00
Do statins have a role in the treatment of Alzheimer's's disease?	MN - U of Minnesota Department of FM	06/15/21	01/31/20	16.70
Does the utilization of medical scribes reduce physician burnout in primary care settings?	IL - U of Chicago NorthShore FMRP (Founding)	06/15/21	06/26/20	11.80

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Does surgery improve outcomes in chronic lateral epicondylitis?	MN - U of Minnesota Department of FM	06/15/21	01/27/20	16.83
In children with suspected asthma, what is the best confirmatory test?	WV - United Hospital Center Program	06/15/21	03/13/20	15.30
Is a clinical breast examination useful for screening for breast cancer?	MN - U of Minnesota Department of FM	06/15/21	01/29/20	16.77
In patients receiving androgens for gender dysphoria, is subcutaneous testosterone administration equivalent to IM administration?	MN - U of Minnesota Department of FM	06/15/21	01/27/20	16.83
Does the use of e-cigarettes improve tobacco cessation rates in adults compared with pharmaceutical nicotine replacement systems?	IL - U of Chicago NorthShore FMRP (Founding)	06/22/21	06/30/20	11.90
Is the introduction of allergenic foods, such as egg and peanut, to infants at 4 to 6 months of age associated with an increased risk of allergic disease later in life?	AL - Cahaba Family Medicine Residency	06/22/21	04/25/20	14.10
For patients with heart failure, does remote monitoring of vital signs prevent hospital admissions?	IL - U of Chicago NorthShore FMRP (Founding)	06/22/21	07/02/20	11.83
Do lesbian, gay, bisexual, transgender, and questioning individuals have a higher prevalence of tobacco use than their cisgender or heterosexual counterparts?	MO - St. Louis University School of Medicine RP	06/22/21	07/12/20	11.50

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does the addition of exercise to caloric restriction increase weight loss in adults compared with caloric restriction alone?	IL - U of Chicago NorthShore FMRP (Founding)	06/22/21	06/30/20	11.90
Does routine iron supplementation improve anemia or health outcomes in menstruating women?	WA - Tacoma FM (Founding)	06/25/21	01/31/20	17.03
In women with dense breasts, does whole-breast ultrasound improve cancer detection compared with mammogram alone?	ID - FMR of Idaho (Founding)	06/25/21	02/20/20	16.37
Does marijuana usage have impacts on motor and executive functioning?	IL - SIU Decatur FMR	06/04/21	03/30/20	14.37
In adults with obesity-related comorbidities which behavior change techniques decrease weight?	MN - U of Minnesota Department of FM	06/10/21	12/02/19	18.53
In patients with moderate or severe COPD, what are the benefits and risks of adding ICDs to combined LABA and LAMA therapy?	WA - U of Washington FMRP (Founding)	06/10/21	02/23/20	15.77
Does providing opiate maintenance therapy during incarceration increase participation in community treatment programs after release?	IL - McGaw Medical Center of Northwestern University Program	06/10/21	12/19/19	17.97
Does OMT improve pelvic pain in pregnancy?	WA - Providence St. Peter Hospital FMRP (Founding)	06/10/21	12/21/19	17.90
Do community health worker interventions embedded in primary care improve chronic disease health outcomes in medically underserved patient populations?	PA - Lehigh Valley Hospital FMR	06/10/21	09/12/19	21.23

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Is there an association between football-related head injuries and the development of depression?	IL - SIU Springfield FMR	06/10/21	08/27/19	21.77
Does anticipatory prescribing of emergency contraception reduce the rate of unintended pregnancy?	WA - Tacoma FM (Founding)	06/10/21	01/31/20	16.53
Does daily supplementation with fish oil decrease atherosclerotic cardiovascular disease risk?	TX - Texas Tech Family Practice at Lubbock	06/10/21	11/29/19	18.63
Do ICD's in patients with non-ischemic congestive heart failure with EF <35% improve mortality?	TX - Texas Tech Family Practice at Lubbock	06/10/21	12/09/19	18.30
Does coenzyme Q10 lower blood pressure in patients with hypertension?	ID - Rural FMR of Idaho (Founding)	06/11/21	03/11/20	15.23
Is there a mortality benefit in patients with COPD who take statins compared with those who do not?	PA - UPMC St Margaret FMRP	06/11/21	11/26/19	18.77
In patients with stable COPD, is a short-acting beta agonist alone as effective for controlling symptoms as a SABA plus a short-acting muscarinic antagonist?	TX - John Peter Smith FMR Program	06/14/21	10/22/19	20.03
What is the preferred thiamine treatment for suspected Wernicke encephalopathy?	WA - FMR at Fort Lewis Madigan Army (Founding)	06/14/21	04/18/20	14.07
In healthy women at low risk of complications, does water immersion in first stage of labor decrease the number of women receiving epidural anesthesia?	MN - U of Minnesota Department of FM	06/14/21	01/27/20	16.80
		<b>JUNE 2021</b>		<b>15.81</b>
In patients with COPD, does SMT improve lung function compared with no SMT?	PA - UPMC St Margaret FMRP	5/4/21	12/2/19	17.30

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does supervised moderate-intensity aerobic exercise relieve pain symptoms in patients with fibromyalgia?	WA - Tacoma FM (Founding)	5/6/21	1/31/20	15.37
In adults with mild persistent asthma, is as-needed use of a combined inhaled corticosteroid plus long-acting beta-agonist as effective as scheduled use of an inhaled corticosteroid alone in preventing asthma exacerbations?	VA - LewisGale Medical Center Program	5/3/21	5/9/19	24.17
In sepsis, is the use of balanced crystalloids better than unbalance crystalloids in decreasing mortality?	IL - SIU Decatur FMR	5/3/21	5/22/20	11.53
Does access to an interpreter or language-concordant provider improve HbA1c levels in Spanish-speaking patients with diabetes?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	5/3/21	3/6/20	14.10
Is vitamin K2 supplementation effective in reducing fractures in adults?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	5/3/21	3/4/20	14.17
What are the benefits and risks of hormone replacement therapy for primary prevention of chornic conditions in postmenopausal women?	WA - Kadlec Regional Medical Center Program (Founding)	5/3/21	9/23/19	19.60
What is the best therapy for PCS?	MI - St. Joseph Mercy Livingston	5/3/21	8/15/19	20.90
Does ginger relieve symptoms of dyspepsia?	IL - SIU Decatur FMR	5/3/21	4/9/20	12.97
Does starting a beta-blocker in the preoperative period decrease preoperative mortality and morbidity?	WA - Kadlec Regional Medical Center Program (Founding)	5/3/21	9/27/19	19.47
			<b>MAY 2021</b>	<b>16.96</b>

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In patients with chronic atrial fibrillation currently on warfarin, can INR surveillance be safely extended beyond four weeks?	TN - U of TN College of Medicine at Murfreesboro Program	04/30/21	08/08/19	21.03
Does breastfeeding for six months or more after birth decrease the risk of childhood obesity?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	04/30/21	03/11/20	13.83
Does vitamin D deficiency in pregnancy increase the risk of postpartum depression?	TN - U of TN College of Medicine at Murfreesboro Program	04/22/21	08/19/19	20.40
Does social media use adversely affect sleep duration in adults?	IL - SIU Springfield FMR	04/22/21	11/03/19	17.87
Are multimedia educational interventions more effective than conventional education at reducing HbA1c in adults with type 2 diabetes?	IL - St. Louis University (Southwest Illinois) FMRP	04/23/21	12/05/19	16.83
In patients with hypoalbuminemia and volume overload, does furosemide plus albumin improve outcomes?	IL - St. Louis University (Southwest Illinois) FMRP	04/23/21	09/17/20	7.27
Do CBT-based interventions reduce occupational stress and burnout among physicians in developed countries?	PA - PSU Hershey Department of Family & Community Medicine	04/23/21	04/20/20	12.27
Does vitamin D supplementation help with weight loss and BMI?	TX - U of Texas Health Science Center at Tyler	04/23/21	11/01/19	17.97
Do thiazides increase the risk of falls in the elderly?	MI - St. Joseph Mercy Livingston	04/23/21	08/09/19	20.77
What are effective treatments for advanced castration-resistant prostate cancer marked by rapidly rising PSA?	NY - Phelps-Northwell FM Residency Program	04/23/21	02/24/20	14.13

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Does the addition of OMT in the antepartum or intrapartum period decrease the duration of labor compared with standard obstetrical management alone?	IL - UIC Illinois Masonic FPR	04/23/21	08/15/19	20.57
In patients with uncontrolled diabetes, does self-titration of insulin lead to faster glucose control compared with clinician-led instruction?	WV - United Hospital Center Program	04/23/21	12/26/19	16.13
Are continuous insulin pumps more effective than multiple daily insulin injections in the management of poorly controlled type 2 diabetes?	NJ - Inspira Health Network Graduate Medical Education FM Woodbury	04/23/21	01/31/20	14.93
Is fenugreek effective at increasing breast milk production?	MT - Montana FMR (Founding)	04/23/21	12/13/19	16.57
In adults with AWS does phenobarbital reduce hospital length of stay more than benzodiazepines?	NJ - Inspira Health Network Graduate Medical Education FM Woodbury	04/24/21	11/07/19	17.80
Is exercise in pregnancy associated with negative neonatal outcomes?	WV - United Hospital Center Program	04/24/21	11/25/19	17.20
What is the relationship between lipoprotein(a) and CVD?	IL - SIU Springfield FMR	04/24/21	11/27/19	17.13
Do probiotics provide symptom relief in patients with SIBO compared with placebo or no treatment?	PA - UPMC St Margaret FMRP	04/24/21	11/27/19	17.13
Does podophyllin provide any benefit over cryotherapy for adult patients with genital warts?	AR - AHEC Southwest FPR	04/24/21	12/28/19	16.10

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Is there an effective way to adjust statin type, dosing, and/or frequency to maximize cardiovascular risk benefit and simultaneously eliminate muscle aches in patients who experience that side-effect?	PA - UPMC St Margaret FMRP	04/14/21	11/27/19	16.80
Is topical diclofenac safe in adult patients with contraindications to oral NSAID therapy?	NJ - Inspira Health Network Graduate Medical Education FM Woodbury	04/13/21	11/13/19	17.23
			<b>APRIL 2021</b>	<b>16.58</b>
Is increased social media use associated with depression in teenagers?	IL - SIU Springfield FMR	3/16/21	11/21/19	16.03
In patients with cancer-related pain, does use of cannabis reduce opioid requirements for pain control?	WA - U of Washington FMRP (Founding)	3/16/21	2/14/20	13.20
Do group prenatal visits increase the likelihood of breastfeeding versus individual prenatal visits?	IL - U of Chicago NorthShore FMRP (Founding)	3/16/21	5/9/20	10.37
In adults with POTS, are salt tablets and oral hydration more effective for reducing symptoms than oral hydration alone?	IL - SIU Decatur FMR	3/16/21	3/9/20	12.40
Is capsaicin an effective treatment for cannabinoid hyperemesis syndrome?	IL - SIU Decatur FMR	3/16/21	3/22/20	11.97
Do topical vaginal estrogens help prevent rUTI in postmenopausal women?	AR - U of Arkansas for Medical Sciences Northwest FMR	3/16/21	12/18/19	15.13
Does physician access to prescription monitoring databases reduce opioid overdose deaths?	IL - U of Chicago NorthShore FMRP (Founding)	3/16/21	5/15/20	10.17
Is a figure of eight bandage better than a simple sling for midshaft clavicle fractures in adults?	NC - Cabarrus FMRP (Founding)	3/1/21	11/14/19	15.77



HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does an asthma action plan help reduce severity of asthma exacerbations?	TX - U of Texas Health Science Center at Tyler	3/1/21	10/2/19	17.20
Does supplementation with myo-inositol reduce the risk of developing GDM?	OK - In His Image FMR	3/1/21	9/5/19	18.10
Does breastfeeding for at least three months decrease the risk of childhood asthma?	NJ - Inspira Health Network Graduate Medical Education FM Woodbury	3/1/21	11/8/19	15.97
Is montelukast effective for treating patients with chronic urticaria?	CA - Valley FMR of Modesto	3/1/21	9/5/19	18.10
In patients with hyperlipidemia and cardiovascular disease, does the addition of a PCSK9 inhibitor decrease the incidence of subsequent cardiovascular events?	TN - U of TN College of Medicine at Murfreesboro Program	3/1/21	8/30/19	18.30
In patients with iron deficiency without anemia, does iron treatment improve outcomes?	NC - Cabarrus FMRP (Founding)	3/1/21	12/30/19	14.23
Is surgical versus conservative management more effective for displaced midshaft clavicle fractures?	NC - Cabarrus FMRP (Founding)	3/1/21	11/14/19	15.77
Does routine episiotomy reduce severe perineal trauma?	TX - Carl Darnall AMC FMRP	3/1/21	2/27/20	12.27
How effective is metformin in reducing cardiovascular risk in adults with T2DM?	IN - Indiana University School of Medicine Program (Arnett)	3/1/21	10/25/19	16.43
Is osteopathic manipulative treatment effective in reducing primary dysmenorrhea?	IL - Advocate Christ FMR	3/1/21	4/5/19	23.20
			<b>MARCH 2021</b>	<b>12.93</b>

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In patients with Clostridium difficile infection, is fecal microbiota transplant better than vancomycin for resolving diarrhea?	TX - John Peter Smith FMR Program	02/17/21	10/26/19	16.00
What are the risks and benefits of discontinuing oxytocin after reaching the active phase of labor in patients undergoing labor induction or augmentation?	WA - Skagit Regional Health (Founding)	02/17/21	11/01/19	15.80
In adult patients with stroke, does treatment with a statin reduce morbidity and mortality compared to placebo or no treatment?	MN - U of Minnesota Department of FM	02/17/21	11/11/19	15.47
In patients with cirrhosis, which beta-blockers are most effective for decreasing risk of bleeding from esophageal varices?	PA - UPMC St Margaret FMRP	02/17/21	11/24/19	15.03
Are oral steroids effective in the management of chronic rhinosinusitis in adults?	TX - Carl Darnall AMC FMRP	02/17/21	10/01/19	16.83
Do probiotics reduce the frequency of urinary tract infections in women?	IN - Indiana University School of Medicine Program (Arnett)	02/16/21	09/16/19	17.30
For patients hospitalized with bone/joint infections, are oral antibiotics an effective alternative to continued IV therapy after hospital discharge?	MO - U of Missouri FP Columbia (Founding)	02/16/21	11/15/19	15.30
Does potassium supplementation improve hypertension control?	TX - U of Texas Health Science Center at Tyler	02/16/21	10/02/19	16.77
Do financial incentives increase smoking cessation rates among pregnant women?	WI - Fox Valley FMRP - Medical College of Wisconsin	02/16/21	11/21/19	15.10

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Is intra-articular saline injection effective for the treatment of osteoarthritis?	TX - Texas Tech Family Practice at Lubbock	02/16/21	11/04/19	15.67
In pregnant women with gestational diabetes mellitus, does insulin improve glycemic control versus the oral agents metformin and glyburide?	IL - SIU Quincy FMR	02/01/21	10/07/19	16.10
Is immediate placement of intrauterine device more cost-effective than delayed placement?	TX - Carl Darnall AMC FMRP	02/01/21	04/02/20	10.17
			<b>FEBRUARY 2021</b>	<b>15.46</b>
In adults with COPD, does the addition of mucolytic agents decrease the likelihood of having an exacerbation?	OK - In His Image FMR	1/26/21	9/5/19	16.97
Do patients with latent tuberculosis who receive direct observation treatment have higher treatment completion rates than patients who receive self-administered treatment?	PA - UPMC St Margaret FMRP	1/26/21	11/26/19	14.23
What types of exercise improve outcomes in adolescents with depression?	MA - UMass Fitchburg FMR	1/26/21	9/6/19	16.93
Does the addition of misoprostol to the active management of the third stage of labor result in fewer postpartum hemorrhages?	OK - In His Image FMR	1/26/21	9/5/19	16.97
How safe are statins for treating children with familial hypercholesterolemia?	WA - Skagit Regional Health (Founding)	1/26/21	11/20/19	14.43

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
How effective is progestin-only emergency contraception in obese women?	PA - PSU Hershey Department of Family & Community Medicine	1/18/21	2/28/20	10.83
Do long-acting inhaled anticholinergics provide any benefit to an asymptomatic patient with COPD?	AR - AHEC Southwest FPR	1/18/21	3/17/19	22.43
Does CBT decrease physical symptoms in somatic symptom disorder in adults?	OK - In His Image FMR	1/18/21	9/26/19	16.00
for depression in adolescents?	Washington Hospital Center FMRP	1/18/21	7/28/19	18.00
Is venlafaxine an effective prophylactic medication for migraine headaches?	IN - Indiana University School of Medicine Program (Arnett)	1/18/21	10/27/19	14.97
In patients with type 2 diabetes, which GLP-1 receptor agonist results in the greatest weight	NC - Cabarrus FMRP (Founding)	1/18/21	11/7/19	14.60
In adults with type 2 diabetes mellitus, does a plant-based diet improve outcomes compared to usual diet?	MN - U of Minnesota Department of FM	1/18/21	10/7/19	15.63
Does azithromycin increase likelihood of potentially lethal dysrhythmia?	ID - FMR of Idaho (Founding)	1/13/21	2/21/20	10.90
In community dwelling adults, does diet enrichment with fruit, vegetables, fish and whole grains reduce the risk of new onset depression?	CA - Valley FMR of Modesto	1/13/21	11/20/19	14.00
How effective is vaccination for preventing influenza in healthy children?	WA - East Pierce FM (Founding)	1/13/21	8/27/19	16.83
Does screening asymptomatic adults for CVD using ECG improve health outcomes?	WA - East Pierce FM (Founding)	1/13/21	8/2/19	17.67
pulmonary embolus have similar outcomes as inpatient management?	MN - U of Minnesota Department of FM	1/13/21	5/12/20	8.20

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does an elevated serum eosinophil level predict a positive response to inhaled corticosteroids in patients with chronic COPD?	ID - FMR of Idaho (Founding)	1/13/21	2/26/20	10.73
ureteral stones 1 cm or smaller compared with standard therapy?	WA - Kadlec Regional Medical Center Program (Founding)	1/13/21	9/13/19	16.27
Is there a difference between aerobic exercise and resistance training for improved glucose control in patients with type 2 diabetes?	IL - St. Louis University (Southwest Illinois) FMRP	1/6/21	10/27/19	14.57
			<b>JANUARY 2021</b>	<b>15.06</b>
Is parental weight loss during a family-oriented, pediatric weight loss program correlated with pediatric weight change in that program?	WI - U of Wisconsin - Madison FMR (Founding)	12/30/20	08/09/19	16.97
Is there a difference in the incidence of surgical site infections in women who have planned versus unplanned cesarean delivery?	TX - Carl Darnall AMC FMRP	12/28/20	09/28/19	15.23
Do appetite stimulants improve outcomes in frail older adults?	TX - Carl Darnall AMC FMRP	12/28/20	09/12/19	15.77
What are effective treatments for hyperhidrosis that is refractory to nonprescription treatments?	IL - SIU Carbondale FPC	12/22/20	06/23/19	18.27
When used as the initial induction agent, does oral misoprostol compared with oxytocin shorten the time to vaginal delivery in rupture of membranes before labor at term?	WA - Providence St. Peter Hospital FMRP (Founding)	12/22/20	06/07/19	18.80

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In adults with adhesive capsulitis, are surgical interventions effective at relieving pain and improving function?	IL - St. Louis University (Southwest Illinois) FMRP	12/09/20	09/19/19	14.90
Do serial measurements of natriuretic peptides (BNP or NT-proBNP) help guide therapy in patients with chronic heart failure and improve outcomes?	WY - U of Wyoming FPRP - Casper (Founding)	12/08/20	06/24/19	17.77
Are progesterone-only contraceptives safe in women with tobacco use or venous thromboembolic disease?	CO - Swedish FMRP (Founding)	12/08/20	06/08/19	18.30
How do outcomes compare for planned vaginal birth versus planned cesarean delivery for term breech presentation?	OK - In His Image FMR	12/08/20	09/08/19	15.23
In patients with subclinical hypothyroidism, does treatment with levothyroxine improve quality of life?	OR - OPTI West Roseburg FMR	12/01/20	09/30/19	14.27
Is evolocumab a comparable alternative to statins in primary and secondary prevention of	NC - Camp Lejeune FMR	12/01/20	12/06/19	12.03
Does the MMRV vaccine increase the risk of seizure?	OK - In His Image FMR	12/01/20	08/05/19	16.13
What is the most effective tapering method for weaning chronic opioid therapy in noncancer pain patients?	AL - Cahaba FMR	12/01/20	05/08/19	19.10
remission than outpatient treatment of anorexia nervosa?	OK - In His Image FMR	12/01/20	09/05/19	15.10
Compared with immediate antibiotic prescribing, does delayed antibiotic prescribing decrease patient satisfaction?	MT - Montana FMR (Founding)	12/01/20	10/17/19	13.70

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
After an initial period of anticoagulation, are IVC filters better than no IVC filters in preventing	ID - FMR of Idaho (Founding)	12/01/20	02/16/20	9.63
Is behavioral therapy a more effective treatment for primary insomnia than pharmacotherapy?	CA - Valley FMR of Modesto	12/01/20	12/03/19	12.13
In patients who have multidrug-resistant, gram-negative bacterial infections, does polymyxin B have less renal toxicity than colistimethate?	MI - CMU College of Medicine	12/01/20	08/30/19	15.30
			<b>DECEMBER 2020</b>	<b>15.48</b>
What is the appropriate treatment of measles in immunocompetent pediatric patients?	WA - Kaiser Permanente Washington FMR (Founding)	11/17/20	8/14/19	15.37
Do any treatments for hyperlipidemia in children improve cardiovascular disease markers or risk factors?	IL - SIU Springfield FMRP	11/17/20	5/6/19	18.70
Does treatment of iron deficiency anemia in asymptomatic pregnant women improve maternal pregnancy outcomes?	WA - Kaiser Permanente Washington FMR (Founding)	11/17/20	9/16/19	14.27
Do scribes improve patient satisfaction in primary care settings?	IL - SIU Springfield FMRP	11/17/20	8/20/19	15.17
Does cell phone use increase the risk of cancer?	TX - Carl Darnall AMC FMRP	11/17/20	6/13/19	17.43
Does procalcitonin improve the accuracy of the diagnosis of CAP in the emergency department?	TX - U of Texas Medical Branch	11/17/20	8/9/19	15.53
Is binge drinking in adults associated with increased mortality compared with moderate consumption of alcohol?	IL - U of Chicago NorthShore FMRP (Founding)	11/17/20	6/25/19	17.03

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In elderly patients with advanced dementia, does donepezil improve overall function?	TX - Carl Darnall AMC FMRP	11/17/20	5/1/19	18.87
Does azithromycin use increase mortality in adults with underlying cardiovascular disease?	MN - U of Minnesota Department of FM	11/3/20	5/8/19	18.17
Do cognitive activities reduce the risk of developing mild cognitive impairment or dementia?	NC - Womack FMR Clinic	11/3/20	12/4/19	11.17
Is L-theanine effective in decreasing subjective stress levels and improving physiological markers of the stress response?	IL - SIU Carbondale FPC	11/3/20	5/27/19	17.53
What is the optimal pharmacologic VTE prophylaxis in the hospitalized dialysis patient?	CA - Valley FMR of Modesto	11/3/20	9/18/19	13.73
What are the most effective office-based strategies to increase vaccine uptake among vaccine-hesitant parents?	MI - CMU College of Medicine	11/3/20	8/22/19	14.63
In patients undergoing ambulatory, medically supervised alcohol withdrawal, is gabapentin or a benzodiazepine more effective in alleviating symptoms of withdrawal and preventing worsening symptoms?	MN - U of Minnesota Department of FM	11/3/20	5/24/19	17.63
<b>NOVEMBER 2020</b>				<b>16.09</b>
What examination findings are best for differentiating central causes of vertigo from peripheral causes of vertigo?	TX - U of Texas Medical Branch	10/06/20	08/26/19	13.57
<b>OCTOBER 2020</b>				<b>13.57</b>



HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
written and pictorial nutritional informational material reduce obesity, compared to verbal	GA - Dwight D Eisenhower Army MC FMR (Fort Gordon)	9/30/20	10/24/19	11.40
Are antidepressants effective treatment for insomnia in adults?	WA - Kadlec Regional Medical Center Program (Founding)	9/30/20	7/26/19	14.40
Is individual cognitive behavioral therapy as effective as antidepressants in patients with	IN - Indiana University School of Medicine Program (Arnett)	9/25/20	8/1/19	14.03
Is naltrexone as effective treatment for adults with alcohol use disorder?	WA - Tacoma FM (Founding)	9/18/20	4/10/19	17.57
Is maternal caffeine intake associated with behavioral disorders in offspring?	OK - In His Image FMR	9/9/20	8/26/19	12.67
Is bright light therapy an effective treatment of depression in pregnancy?	TX - Carl Darnall AMC FMRP	9/1/20	4/26/19	16.47
Are elderly adults with vitamin D deficiency at increased risk of developing dementia?	TX - U of Texas Medical Branch	9/1/20	9/10/19	11.90
			<b>SEPTEMBER 2020</b>	<b>14.06</b>
What are the evidence-based medications for the treatment of panic attacks?	MO - St. Louis University School of Medicine RP	08/24/20	07/09/19	13.73
What is the chance of developing symptomatic nephrolithiasis from small asymptomatic incidentally found nonobstructive renal stones?	NC - Camp Lejeune FMR	08/21/20	07/19/19	13.30
Are ACE inhibitors more effective than ARBs in reducing cardiovascular events in hypertensive patients with diabetes?	OK - In His Image FMR	08/19/20	08/21/19	12.13
Does electrolyte supplementation improve athletic performance in endurance athletes?	IL - U of Chicago NorthShore FMRP (Founding)	08/19/20	07/16/19	13.33

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does low-dose aspirin use decrease the risk for pre-eclampsia in multifetal gestations?	GA - Martin Army FMRP, Fort Benning	08/17/20	05/29/19	14.87
What is the accuracy of retinal imaging devices at detecting diabetic retinopathy?	IL - SIU Springfield FMRP	08/17/20	04/15/19	16.33
What is the most accurate noninvasive test for diagnosis of H pylori infection?	WA - U of Washington FMRP (Founding)	08/03/20	01/23/20	6.43
mifepristone to vaginal misoprostol more effective than medication management with	WA - WWAMI Network Faculty Development Fellowship	08/03/20	01/28/20	6.27
			<b>AUGUST 2020</b>	<b>12.05</b>
What is the most effective treatment for rectal chlamydia?	MO - St. Louis University School of Medicine RP	7/30/20	6/14/19	13.73
Is BRCA-positive women, does oral contraceptive pill use reduce the risk of ovarian cancer?	NC - Cabarrus FMRP (Founding)	7/30/20	7/30/19	12.20
Is acupuncture effective for treating infertility due to polycystic ovarian syndrome?	MI - Beaumont Hospital Troy FMRP	7/23/20	5/23/19	14.23
Water immersion during labor and use of regional anesthesia: Does laboring in water reduce the number of patients requiring epidural anesthesia?	IL - McGaw Medical Center of Northwestern University Program	7/15/20	3/29/19	15.80
In athletes with a history of low-grade ankle sprains, does long-term bracing prevent future ankle sprains?	IL - U of Chicago NorthShore FMRP (Founding)	7/15/20	1/28/19	17.80

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How does the efficacy and safety of saw palmetto compare to alpha-1 blockers for the treatment of BPH?	IL - UIC Illinois Masonic FPR	7/15/20	5/14/19	14.27
What are the predictors of success or failure of balloon tamponade in the treatment of postpartum hemorrhage?	MD - MedStar Health/Georgetown Washington Hospital Center FMRP	7/15/20	3/19/19	16.13
How effective are topical agents for the treatment of cold sores?	MT - Montana FMR (Founding)	7/15/20	11/1/18	20.73
What is the most prudent approach for a patient with an unsatisfactory Pap cytology who is high-risk HPV negative on the same specimen?	NY - Phelps-Northwell FM Residency Program	7/15/20	4/25/19	14.90
What are the most effective pharmacologic treatments for depression in elderly patients	IL - SIU Carbondale FPC	7/9/20	5/10/19	14.20
Do beta-blockers prevent osteoporotic fractures?	MO - St. Louis University School of Medicine RP	7/9/20	7/24/19	11.70
Does red yeast rice significantly decrease LDL cholesterol when compared with placebo?	WA - Kaiser Permanente Washington FMR (Founding)	7/9/20	8/27/19	10.57
Does beginning low-dose aspirin before 16 weeks of gestation decrease the incidence of preeclampsia in women at risk for preeclampsia?	WV - United Hospital Center Program	7/9/20	3/29/19	15.60
In hospitalized adults, is Kayexalate effective and safe in the treatment of acute hyperkalemia?	FL - Florida State University COM FMRP at Lee Memorial Health System	7/2/20	4/18/19	14.70
Do SGLT-2 inhibitors reduce albuminuria in people with diabetes?	IN - Indiana University School of Medicine Program (Arnett)	7/2/20	8/30/19	10.23

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In patients with osteoarthritis of the knee previously treated with a series of hyaluronic acid injections, do additional courses of hyaluronic acid injections improve pain and function?	MN - U of Minnesota Department of FM	7/2/20	11/25/19	7.33
Does lifestyle counseling improve cardiovascular risk factors in patients with type 2 diabetes?	MO - St. Louis University School of Medicine RP	7/2/20	6/10/19	12.93
Is it safe to use cephalosporins in patients who are allergic to penicillin?	MT - Montana FMR (Founding)	7/2/20	4/18/19	14.70
Does magnesium supplementation decrease anxiety in adults?	NC - Cabarrus FMRP (Founding)	7/2/20	2/11/19	16.90
Does the use of lavender before bedtime affect sleep quality in adults?	OK - In His Image FMR	7/2/20	2/5/19	17.10
Is gabapentin more effective than tricyclic antidepressants in controlling neuropathic pain?	OK - In His Image FMR	7/2/20	12/7/18	19.10
			<b>JULY 2020</b>	<b>14.52</b>